



# FREE MEN'S HEALTH CHECKS

(Donations Welcome!)

At

**Impulse Leisure - Blackshots**  
Blackshots Lane, Grays, RM16 2JU

Free Parking

**Tuesday 22nd February 2022 - 12pm till 8pm**

## APPOINTMENT ONLY CLINICS

You cannot be seen in these clinics without an appointment

Prostate Cancer Screening

Book appointments online at <http://events.chaps.uk.com/>  
Website now open - book early to avoid disappointment

NB. Prostate tests are for men aged 40 plus. Prostate Cancer Screening is strongly recommended for men of black African or Caribbean heritage and men with a family history of prostate cancer or breast cancer who are thus at considerably higher risk from prostate cancer.

Physio & Sports Screening

**Oakfield Sports Injury & Musculoskeletal Clinic**  
For appointment: call Dave Sach 07771 508299

Heart Disease

For NHS Health Check appointment call: 0800 292 2299

NB. NHS Health Checks are for men aged 40-74 who are registered with a Thurrock GP and not already on treatment for a heart condition, blood pressure or high cholesterol, kidney disease or diabetes. You are also not eligible if you already have had an NHS Health Check within the last 5 years.

Skin Cancer Screening

Aortic Aneurysm Screening

## WALK-IN CLINICS

No appointment required - first come/first seen

Thank you to our supporters:

